



## MENU WEEK 2

WELLESLEY HOUSE IS COMMITTED TO HELPING YOUR CHILD MAKE BETTER CHOICES

### MONDAY



### TUESDAY



### WEDNESDAY



### THURSDAY



### FRIDAY



### SATURDAY



### SUNDAY



	BREAKFAST	LUNCH	SUPPER
<b>MONDAY</b>	Eggy Bread Baked beans Bread Wholemeal, granary, white Yoghurt, fruit compote Selection of wholegrain cereals Fresh Fruit	Chicken Piazzola Garlic & herb new potatoes Roast courgettes Broccoli Salads & fresh fruit Pear & chocolate crumble	Homemade Soup of the Day Pork Fahjita - salsa, sour cream Jacket potatoes, Pasta, wholemeal pasta Homemade pasta sauce Selection of fresh salads & cold meat platter Fresh fruit, Iced finger bun
<b>TUESDAY</b>	Grilled Sausage Hash Browns Bread Wholemeal, granary, white Yoghurt, fruit compote Selection of wholegrain cereals Fresh Fruit	Lamb Stew & Dumpling Mashed potatoes Baton carrots Peas Salads & fresh fruit Apple Pie and cream	Homemade Soup of the Day Chicken Americaine Jacket potatoes, Pasta, wholemeal pasta Homemade pasta sauce Selection of fresh salads & cold meat platter Melon, pineapple, kiwi, grape platter
<b>WEDNESDAY</b>	Cheese & Ham Croissant Bread Wholemeal, granary, white Yoghurt, fruit compote Selection of wholegrain cereals Fresh Fruit	Beef Bolognaise Spaghetti Garlic Bread Spinach & Rocket salad Salads & fresh fruit Choc chip sponge custard	Homemade Soup of the Day Salmon Fish cakes Jacket potatoes, Pasta, wholemeal pasta Homemade pasta sauce Selection of fresh salads & cold meat platter Fresh Fruit, Cheese & crackers
<b>THURSDAY</b>	Homemade Wholemeal Pancakes Boiled Eggs, Fruit compote Bread Wholemeal, granary, white Yoghurt, fruit compote Selection of wholegrain cereals Fresh Fruit	Toad in the hole Herb Diced potatoes Sliced carrots Green Beans Salads & fresh fruit Key Lime Pie	Homemade Soup of the Day Homemade chicken goujons & Dips Jacket potatoes, Pasta, wholemeal pasta Homemade pasta sauce Selection of fresh salads & cold meat platter Melon, pineapple, kiwi, grape platter
<b>FRIDAY</b>	Grilled Bacon Scrambled egg Bread Wholemeal, granary, white Yoghurt, fruit compote Selection of wholegrain cereals Fresh Fruit	Cod in breadcrumbs Chips Peas Salads & fresh fruit Sticky toffee pudding & custard	Homemade Soup of the Day Chilli con carne & Rice Jacket potatoes, Pasta, wholemeal pasta Homemade pasta sauce Selection of fresh salads & cold meat platter Fresh fruit, Grasshopper bar
<b>SATURDAY</b>	Poached egg Beans, Toasted muffin Bread Wholemeal, granary, white Yoghurt, fruit compote Selection of wholegrain cereals Fresh Fruit	Pork & Apple Hot pot Broccoli Sweetcorn Salads fresh fruit Jelly & Cream	Homemade Soup of the Day Hand made Lamb & Halloumi burger Jacket potatoes, Pasta, wholemeal pasta Homemade pasta sauce Selection of fresh salads & cold meat platter Melon, pineapple, kiwi, grape platter
<b>SUNDAY</b>	Full English Breakfast Poached Egg Bread Wholemeal, granary, white Yoghurt, fruit compote Selection of wholegrain cereals Fresh Fruit	Roast Beef & Yorkshire pudding Roast Potatoes Cauliflower Saute cabbage Salads & fresh fruit Chocolate Ice cream & Sauce	Homemade Soup of the Day Sausage rolls & Beans Jacket potatoes, Pasta, wholemeal pasta Homemade pasta sauce Selection of fresh salads & cold meat platter Fresh fruit, Cheese & Crackers

ONE OF YOUR 5-A-DAY

LEAN PROTEIN

HEALTHY CHOICE

All special diets catered for including vegetarian, gluten free, dairy free

If anyone has an allergy concern please speak to a member of the kitchen team for advice