



Wellesley House

MENU WEEK 1

WELLESLEY HOUSE IS COMMITTED TO HELPING YOUR CHILD MAKE BETTER CHOICES

MONDAY



BREAKFAST

Eggy Bread
Spaghetti Hoops
Bread Wholemeal, granary, white
Croissants
Selection of wholegrain cereals
Mixed Yogurts, Fresh Fruit

LUNCH

Butcher's Sausages
Sauté Potatoes
Jacket Potatoes
Baked Beans/ Garden Peas
Onion Gravy
Syrup Sponge Custard

SUPPER

Mc Wellesley Night
Mc Wellesley Burger
Cheese Slices, Gherkins, Sauces
Onion Rings, Salad
French Fries
Chefs Smoothie

TUESDAY



Sausage

Hash Browns
Bread Wholemeal, granary, white
Baked Beans
Selection of wholegrain cereals
Mixed Yogurts, Fresh Fruit

Italian Beef Lasagne

Garlic Dough Balls
Mixed Salad
Corn on the Cob
Mini Doughnuts
Chocolate Sauce

Fish Finger Wrap

Mixed Salad
Pasta, Wholemeal pasta
Homemade pasta sauce
Stuffed Jacket Potatoes
Fruit Plates

WEDNESDAY



Buttermilk Pancakes

Grilled Bacon
Bread Wholemeal, granary, white
Maple Syrup
Selection of wholegrain cereals
Mixed Yogurts, Fresh Fruit

Roast Chicken & Stuffing

Roast & Jacket Potatoes
Broccoli & Carrots
Fresh Fruit
Apple & Chocolate Crumble
Custard

Fresh Assorted Pizza

Corn on the Cob
Jacket potatoes, Pasta, Wholemeal pasta
Homemade pasta sauce
Sticky Chicken Wings
Rocky Road

THURSDAY



Boiled Eggs

Porridge
Bread Wholemeal, granary, white
Crumpets
Selection of wholegrain cereals
Mixed Yogurts, Fresh Fruit

Beef & Mushroom Pie

Creamed Potatoes
Jacket Potatoes
Green Beans
Sweetcorn
Strawberry Jelly

Beef Cannelloni

Garlic Dough Balls
Jacket potatoes, Pasta, Wholemeal pasta
Homemade pasta sauce
Mixed Salad
Fruit Plates

FRIDAY



Grilled Bacon

Scrambled egg
Bread Wholemeal, granary, white
Mixed Yoghurts
Selection of wholegrain cereals
Fresh Fruit

Freshly Battered White Fish

Chipped Potatoes
Jacket Potatoes
Baked Beans
Fresh Fruit
Chocolate Sponge Choc Sauce

Pepperoni & Prawn Paella

Fresh Baked Bread
Jacket potatoes, Pasta, Wholemeal pasta
Homemade pasta sauce
Homemade Flapjack
Cheese Plate

SATURDAY



Poached egg

Sausage
Bread Wholemeal, granary, white
Baked Beans
Selection of wholegrain cereals
Mixed Yogurts, Fresh Fruit

Italian Meatballs

Fusilli Pasta
Steamed Sweet Corn
Grated Cheese
Garlic Dough Balls
Cream Filled Profiteroles

Soup of Day

Selection of Paninis
Jacket potatoes, Pasta, Wholemeal pasta
Homemade pasta sauce
Seasoned Wedges
Fresh Fruit

SUNDAY



Full English Breakfast

Fried Egg
Bread Wholemeal, granary, white
Mixed Yoghurts
Selection of wholegrain cereals
Fresh Fruit

Minted Roast Lamb

Roast Potatoes
Homemade Yorkshires
Broccoli
Carrots
Ice Cream, Sauce & Wafer

Macaroni Cheese

Garlic Dough Balls
Jacket potatoes, Pasta, Wholemeal pasta
Homemade pasta sauce
Crispy Bacon Bits
Iced Ring Doughnuts

ONE OF YOUR 5-A-DAY

LEAN PROTEIN

HEALTHY CHOICE

All special diets catered for including vegetarian, gluten free, dairy free

If anyone has an allergy concern please speak to a member of the kitchen team for advice