

WH Pre-prep menu
WEEK 1

MONDAY

Mild Chicken curry
Mini naan
Vegetable rice
Waffles & Chocolate sauce

TUESDAY

Butcher's Sausage
Mash Potato
Sweetcorn
Carrot Cake

WEDNESDAY

Roast Chicken
Roast Potatoes
Green Beans
Jelly

FRIDAY

Fish Fingers
Chips
Peas
Fruit Platter

THURSDAY

Spaghetti Bolognese
Grated Cheese
Yoghurts & Fruit Bags

EVERYDAY

CRUDITES
JACKET POTATOES
FRESH FRUIT & YOGHURTS