

## Wellesley Haddon Dene Lent Term Menu – Week 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Filled croissants Toast Mixed Yoghurts Fresh Fruit Selection of Healthy Cereals Fresh Fruit Juice	Bacon scrambled eggs Toast Mixed Yoghurts Fresh Fruit Selection of Healthy Cereals Fresh Fruit Juice	Monte Cristo Toast Mixed Yoghurts Fresh Fruit Selection of Healthy Cereals Fresh Fruit Juice	Sausages hash brown baked beans Toast Fresh Fruit Mixed Yoghurts Selection of Healthy Cereals Fresh Fruit Juice	Pancakes bacon Toast Mixed Yoghurts Selection of Healthy Cereals Fresh Fruit Fresh Fruit Juice	Eggs benedict  Toast Mixed Yoghurts Selection of Healthy Cereals Fresh Fruit Fresh Fruit Juice	Full English Fried egg Bacon Sausage Beans Mushrooms Toast Mixed Yoghurts Fresh Fruit Selection of Healthy Cereals Fresh Fruit Juice
<b>LUNCH MAIN</b>	Spaghetti bolognaise	Sweet and sour chicken	Cottage pie	Pork loin	Breaded Pollack fillets	Pork hotpot	Packed lunch
<b>VEGETARIAN</b>	Vegetarian spaghetti bolognaise	Vegetable sweet and sour	Vegetarian pie	Couscous stuffed peppers	Vegetable frittata	Vegetarian hotpot	Packed lunch
<b>SIDES</b>	Spaghetti Garlic bread Parmesan cheese	Rice Mange tout	carrots	Roast potatoes Honey roasted parsnips Cabbage gravy	New potatoes Peas	green beans	
<b>DESSERT</b>	Bakewell tart and custard	Syrup sponge With cream	Chocolate concrete cake	Fresh fruit & Yoghurts	Ice cream bread cake	Cookies	Fresh fruit
<b>SUPPER MAIN</b>	Sticky chicken wings	Shin of beef osso bucco	Chicken donner kebab	Jok Mu Chicken Pho	Paprika pork	Pizza	Roast chicken and stuffing
<b>VEGETARIAN</b>	Butternut squash pearl barley risotto	Italian style veg and quorn stew	Mediterranean butternut squash	Vegan mapo tofu	Vegetarian goulash	Pizza	Chefs choice
<b>SIDES</b>	Sweetcorn wedges	Herbed palenta Ciabatta	Flat bread Potato wedges Salad	Coconut rice Braised oriental greens	Hungarian sautéed potatoes Broccoli & breadcrumbs	Salad Potato wedges	Roast potatoes Roast parsnips Lemon carrots Gravy
<b>DESSERTS</b>	Chocolate pancakes & maple syrup	White chocolate tiramisu	Fresh fruit platter	Miso sticky toffee pudding	Caramelised Apple pudding	Chefs choice	Chocolate sponge and chocolate sauce

Wellesley Haddon Dene cater for special dietary requirements. Please contact the Catering Manager [zg@wellesleyhaddondene.co.uk](mailto:zg@wellesleyhaddondene.co.uk) if you wish to discuss.  
Fresh drinking water and fruit are available with all meals. Menus are subject to change.